

EMPLOYEE WELLNESS

A WILCO WELLNESS ALLIANCE WORKING GROUP



GOAL

Engage employees and employers in the community to provide and promote employee wellness and healthy worksite environments.

1 AWARENESS OF RESOURCES



By 2019, the Employee Wellness working group will increase awareness of employee health resources by identifying and sharing best practices in Williamson County.

1. Identify employee wellness best practices and opportunities to learn about employee wellness (such as health fairs, business groups, and educational opportunities.)
2. Share best practices, opportunities, and resources through different methods (presentations, webinars, social media, resource guide, and website).
3. Establish bank of employee wellness resources.

2 CAPACITY BUILDING

By 2019, the number of organizations participating in the Employee Wellness working group will double.

1. Identify employee wellness needs in the community.
2. Identify resources and opportunities to meet those needs.
3. Advocate for employee wellness in the county.
4. Invite diverse organizations and businesses from the county to attend working group.
5. Develop new or improve current worksite wellness programs of organizations that participate in working group.



3 COLLABORATION

By 2019, the Employee Wellness working group will create solid relationships with all professional organizations that provide employee wellness resources in Williamson County.

1. Utilize existing member networks to foster greater relationships.
2. Attend employee wellness events, conferences, and networking events.

